

Author	Title	Source	Year	Type	Country	Category
Heron, W., W. H. Bexton, and D.O. Hebb	Cognitive Effects of a Decreased Variation to the Sensory Environment	Canadian Journal of Psychology, Vol. 8, Iss. 2, pp. 70-76	1954	Research Article	Canada	Chamber REST
Lilly, J.	Mental Effects of Reduction of Ordinary Levels of Physical Stimuli on Intact, Healthy Persons	Scientific Research Reports, American Psychiatric Association, Iss. 5, pp. 1-9	1956	Scientific Report	USA	Float REST
Bruner, J.	The Cognitive Consequences of Early Sensory Deprivation	Psychosomatic Medicine, Vol. 21, Iss. 2, pp. 89-95	1959	Research Article	USA	Sensory Deprivation
Freedman, S., Grunebaum, H., and Greenblatt, M.	Perceptual and Cognitive Changes in Sensory Deprivation	Brandeiss University Journal of Mental Science, Vol. 105, pp. 235-237	1959	Dissertation	USA	Sensory Deprivation
Grant, M.	Sensory Deprivation and Schizophrenia	Journal of Mental Science, Vol. 105, pp. 235-237	1959	Research Article	USA	Chamber REST
Lilly, J. and Shurley, J.	Experiments in Solitude, in Maximum Achievable Physical Isolation with Water Suspension, of Intact Healthy Persons	Psychophysical Aspects of Space Flight, pp. 238-247	1960	Scientific Report	USA	Float REST
Mendelson, J.; Jubzansky, P. E.; Liederman, P.H.; Wexler, D.; Dutoit, D.; Soloman, P.	Catecholamine Excretion and Behavior During Sensory Deprivation	Archives of General Psychiatry, Vol. 1960, Iss. 116, pp. 883-888	1960	Research Article	USA	Chamber REST
Shurley, J. T.	Profound Experimental Sensory Isolation	American Journal of Psychiatry Vol. 117, Iss. 6, pp. 539-545	1960	Research Article	USA	Chamber REST
Solomon, P. et al.	Sensory Deprivation: A Symposium Held at Harvard Medical School	Harvard University Press, Cambridge, Massachusetts	1961	Book	USA	Chamber REST
Walters, C., Shurley, J. T.	Differences in Male and Female Responses to Underwater Sensory Deprivation: An Exploratory Study	Journal of Nervousness and Mental Disease, Vol. 135, Iss. 4, pp. 302-310	1962	Research Article	USA	Float REST
Hanna, I.D., Burns, N.M., Tiller, P.R.	Behavioral and Physiological Response to Varying Periods of Sensory Deprivation	Air Crew Equipment Laboratory, U.S. Naval Air Material Center, Philadelphia, Bureau of Medicine, MR005, 13-066.6	1963	Scientific Report	USA	Chamber REST
Suedfeld, P.	Birth Order of Volunteers for Sensory Deprivation	Journal of Abnormal and Social Psychology, Vol. 68, Iss. 2, pp. 195-196	1964	Research Article	Canada	Chamber REST
Adams, H. B.	Therapeutic Potentialities of Sensory Deprivation Procedures	International Mental Health Research Newspaper Vol. 6 Is. 4, pp. 7-9	1964	Research Article	USA	Chamber REST
Walters, C., Parsons, O. A. and Shurley, J. T.	Male-Female Differences in Underwater Sensory Isolation	British Journal of Psychiatry, Iss. 109, pp. 290-308	1964	Research Article	USA	Float REST
Schultz, D. P.	Sensory Restriction: Effects on Behavior	Academic Press, New York, New York	1965	Book	USA	Chamber REST
Myers, T. I., Murphy, D. B., Smith, S. and Goffard, S. J.	Experimental Studies of Sensory Deprivation and Social Isolation	Human Resources Research Office Technical Report No. 66-68	1966	Research Article	Sweden	Chamber REST
Shurley, J. T.	Stress and Adaptation as Related to Sensory/Perceptual Isolation Research	Military Medicine, March 1966	1966	Scientific Report	USA	Chamber REST
Fuerst, K. and Zubek, J. P.	Effects of Sensory and Perceptual Deprivation on a Battery of Open-Ended Cognitive Tasks	Canadian Journal of Psychology, Vol. 22, pp. 122-130	1968	Research Article	Canada	Chamber REST
Suedfeld, P.	The Cognitive Effects of Sensory Deprivation: the Role of Task Complexity	Canadian Journal of Psychology, Vol. 22, Iss. 4, pp. 303-7	1968	Research Article	Canada	Chamber REST
Suedfeld, P.	Changes in Intellectual Performance and in Susceptibility to Influence	Sensory Deprivation: Fifteen Years of Research, pp. 126-166	1969	Research Article	Canada	Chamber REST
Rossi, A. M., et al	Operant Responding for Visual Stimuli during Sensory Deprivation: Effect of Meaningfulness	Journal of Abnormal Psychology, Vol. 79, pp.188-193	1969	Research Article	USA	Chamber REST
Schechter, M., Shurley, J., Toussieng, P., Maier, W.	Sensory Isolation Therapy of Autistic Children: A Preliminary Report	The Journal fo Pediatrics, Vol. 74, Iss. 4, pp. 564-569	1969	Research Article	USA	Chamber REST
Zubek, J.	Sensory Deprivation: Fifteen Years of Research	Appleton-Century-Crofts, New York, New York	1969	Book	USA	Chamber REST
Suedfeld, P. & Landon, P. B.	Motivational Arousal and Task Complexity: Support for a Model of Cognitive Change in Sensory Deprivation	Journal of Experimental Psychology, Vol. 83, Iss. 2 (Pt.1), pp. 329-330	1970	Research Article	Canada	Chamber REST
Maier, W.J.	Sensory Deprivation Therapy of an Autistic Boy	American Journal of Psychotherapy, Vol. 24, Iss. 2, pp. 228-245	1970	Research Article	USA	Chamber REST
Oleson, D. S. and Zubek, J. P.	The Effect on One Day of Sensory Deprivation on a Battery of Relatively Unstructured Cognitive Tests	Perceptual and Motor Skills, Iss. 31, pp. 919-923	1970	Research Article	USA	Chamber REST

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Serafetinides, E.A., Shurley, J. T., Brooks, R. and Gideon, W. P.	Electrophysiological Changes in Humans During Perceptual Isolation	Aerospace Medicine, Vol. 43, Iss. 4, pp. 432-4	1971	Research Article	USA	Chamber REST
Shore, E.	Sensory deprivation; Preconscious Processes and Scientific Thinking	American Journal of Orthopsychiatry, Vol. 41, Iss. 4, pp. 574-580.	1971	Research Article	USA	Chamber REST
Landon, P. B. & Suedfeld, P.	Complex Cognitive Performance and Sensory Deprivation: Completing the U-curve	Perceptual and Motor Skills, Vol. 34, Iss. 2, pp. 601-602	1972	Research Article	Canada	Chamber REST
Adams, H. B., Cooper, G. D., & Carrerra, R. N.	Individual Differences in Behavioral Reactions of Psychiatric Patients to Brief Partial Sensory Deprivation	Perceptual and Motor Skills, Vol. 34, pp. 199-217	1972	Research Article	USA	Chamber REST
Suedfeld, P.	Social Isolation: A Case for Interdisciplinary Research	Canadian Psychologist, Iss. 15, pp. 1-15	1974	Research Article	Canada	Chamber REST
Levin, J and Brody, N.	Information-deprivation and Creativity	Psychological Reports, Vol. 35, Iss. 1, pp. 231-237	1974	Research Article	USA	Chamber REST
Suedfeld, P.	The Benefits of Boredom: Sensory Deprivation Reconsidered	American Scientist, Vol. 63, pp. 60-69	1975	Research Article	Canada	Chamber REST
Suedfeld, P.	The Clinical Relevance of Reduced Sensory Stimulation	Canadian Psychological Review, Vol. 16, pp. 88-103	1975	Research Article	Canada	Chamber REST
Tetlock, P. E. and Suedfeld, P.	Inducing Belief Instability without a Persuasive Message: the Roles of Attitude Centrality, Individual Cognitive Differences, and Sensory Deprivation	Canadian Journal of Behavioral Science, Iss. 8, pp. 324-333	1976	Research Article	Canada	Chamber REST
Lloyd, A. and Shurley, J.	The Effects of Sensory Perceptual Isolation on Single Motor Unit Conditioning	Psychophysiology, Vol. 13, Iss. 4, pp. 340-344	1976	Research Article	USA	Float REST
Best, J.A.	Satiation and Sensory Deprivation Combined in Smoking Therapy: Some Case Studies and Unexpected Side-Effects	International Journal of Addiction, Vol. 12, pp. 337-359	1977	Research Article	Canada	Chamber REST
Suedfeld, P., and Hare, R.	Sensory Deprivation in the Treatment of Snake Phobia: Behavioral, Self-report, and Physiological Effects	Behavioral Therapy, Vol. 8, Iss. 2, pp. 240-250	1977	Research Article	Canada	Chamber REST
Rank, D., Suedfeld, P.	Positive Reactions of Alcoholic Men to Sensory Deprivation	International Journal of the Addictions, Vol. 13, Iss. 5, pp. 807-815	1978	Research Article	Canada	Chamber REST
Welch, R.B.	Perceptual Modification: Adapting to Altered Sensory Environments	Academic Press, New York, New York	1978	Book	USA	Chamber REST
Suedfeld, P.	Restricted Environmental Stimulation: Research and Clinical Applications	Wiley & sons, New York, New York	1980	Book	Canada	Float REST, Chamber REST
Suedfeld, P. & Schwartz, G.	Restricted Environmental Stimulation Therapy (REST) as a Treatment for Autistic Children	Journal of Developmental and Behavioral Pediatrics, Vol. 4, Iss. 3, pp. 196-201	1980	Research Article	Canada	Chamber REST
Adams, H. B.	Effects of Reduced Stimulation on Institutionalized Adult Patients	Restricted Environmental Stimulation: Research and Clinical Applications, pp. 320-364	1980	Research Article	USA	Chamber REST
Borrie R.A., Suedfeld P.	Restricted Environmental Stimulation Therapy in a Weight Reduction Program	Journal of Behavioral Medicine, Vol. 3, Iss. 2, pp. 147-161	1980	Research Article	USA	Chamber REST
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Suedfeld, P.	Behavioral Applications of the Restricted Environmental Stimulation Technique	Social Psychology and Behavioral Medicine, pp. 393-412	1982	Research Article	Canada	Float REST, Chamber REST
Suedfeld, P., Roy, C., Landon, P.B.	Restricted Environmental Stimulation Therapy in the treatment of Essential Hypertension	Behavioral Research Therapy, Vol 20, Iss. 6, p. 553-559	1982	Research Article	Canada	Float REST
Barabasz, A. F.	Restricted Environmental Stimulation and the Enhancement of Hypnotizability: Pain, EEG Alpha, Skin Conductance and Temperature Responses	International Journal of Clinical and Experimental Hypnosis, Vol. 30, pp. 147-166	1982	Research Article	USA	Chamber REST
Fine, T.; Turner, J.	The Effects of Brief Restricted Environmental Stimulation Therapy in the Treatment of Hypertension	Behavioral Therapist, Iss. 250, pp. 567-570	1982	Research Article	USA	Float REST

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Suedfeld, P.	Restricted Environmental Stimulation: Technique/Therapy/Transcendence	1st International Conference on REST and Self-Regulation, pp.1-16 Health Psychology, Iss. 1, pp. 337-357	1983	Research Article	Canada	Float REST, Chamber REST
Suedfeld, P. & Kristeller, J.L.	Stimulus Reduction as a Technique in Health Psychology	Journal of Environmental Psychology, Iss. 3, pp. 147-155	1983	Research Article	Canada	Chamber REST
Suedfeld, P., Ballard, E. J. and Murphy, M.	Water Immersion and Flotation: From Stress Experiment to Stress Treatment	1st International Conference on REST and Self Regulation, pp. 152-166	1983	Research Article	Canada	Float REST
Ramirez Monzon, C.	REST and Smoking Cessation in a Latin American Country	1st International Conference on REST and Self Regulation, pp. 103-108	1983	Research Article	Columbia	Chamber REST
Barabasz, Arreed E.	Effects of Brief and Long Term REST on Conformity of Perception of Figure Inversion	1st International Conference on REST and Self-Regulation, pp. 62-75	1983	Research Article	USA	Chamber REST
Bross, M.	The Application of Sensory Restriction Techniques in the Study of Sensory Threshold Regulation	1st International Conference on REST and Self-Regulation, pp. 123-135	1983	Research Article	USA	Float REST, Chamber REST
Bruno, J. J., Heilbronner, R., Fine, T. H. & Turner, J. W.	The Use of Subjective Reports From REST: Towards a Developmental Systems Framework	1st International Conference on REST and Self-Regulation	1983	Research Article	USA	Float REST, Chamber REST
Budzynski, T.H.	A Brain Lateralization Model for REST	1st International Conference on REST and Self-Regulation, pp.167-178	1983	Research Article	USA	Chamber REST
Cahn H.	Sensory Isolation used with Cognition Modification Training to Restore Medically Declared Unfit Persons to Duty and Reduce Absenteeism in City of Phoenix Maintenance Workers	1st International Conference on REST and Self-Regulation, pp. 167-178	1983	Research Article	USA	Float REST
Cahn, H.	A Novel Application of Sensory Isolation: Tank Training to Reduce Sickness Absenteeism in City of Phoenix Employees	Military Medicine, Iss. 148, pp. 750-753	1983	Research Article	USA	Chamber REST
Deaton, J.E.	Effectiveness of Isolation in the Reduction of Cigarette Smoking	1st International Conference on REST and Self-Regulation, pp.136-143	1983	Research Article	USA	Float REST
Fine T. & Turner J.W.	The Use of Restricted Environmental Stimulation Therapy (REST) in the Treatment of Essential Hypertension	IRIS Publication, Medical College of Ohio, Toledo, Ohio	1983	Book	USA	Float REST, Chamber REST
Fine, T.H. & Turner J.W.	The Effects of Restricted Environmental Stimulation on Physiological and Cognitive Indices	1st International Conference on REST and Self-Regulation, pp.40-49	1983	Research Article	USA	Float REST, Chamber REST
Francis W.D. & Stanley J.M.	Naming an Unknown World: The Changes in Perceived Meaning in Voluntary Subjects after Repeated Use of the "Isolation Tank" Flotation Environment	1st International Conference on REST and Self-Regulation, pp. 201-205	1983	Research Article	USA	Float REST
Hunt, T.	REST in a Comprehensive Holistic Health Center Facility	1st International Conference on REST and Self-Regulation, pp.179-185	1983	Research Article	USA	Float REST, Chamber REST
Hunt, T. & Poznak, J.	A Preliminary Clinical Outcome Study on a Hospital Based Stress Management Program Utilizing Flotation REST Biofeedback	Journal of Developmental & Behavioral Pediatrics, Iss. September	1983	Research Article	USA	Chamber REST
Jacobs G.D., Kemp J.C., Keane K.M.& Belden A.D.	Restricted Environmental Stimulation Therapy (REST) as a Treatment for Autistic Children	1st International Conference on REST and Self Regulation, pp. 76-85	1983	Research Article	USA	Float REST
Suedfeld, P., Schwartz, G.	Learning Studies for Higher Cognitive Levels in a Short-term Sensory Isolation Environment	1st International Conference on REST and Self-Regulation, pp. 76-85	1983	Research Article	USA	Float REST
Taylor, T.	The Effects of Flotation Restricted Environmental Stimulation Therapy on Learning: Subjective Evaluation and EEG Measurements	Biofeedback Self Regulation, Vol. 8, Iss. 1, pp.115-126	1983	Research Article	USA	Float REST
Taylor, T.	Effects of Relaxation Associated with Brief Restricted Environmental Stimulation Therapy (REST) on Plasma Cortisol, ACTH, and LH	Biofeedback and Self-Regulation, Vol. 9 Iss. 2, pp. 181-200	1984	Research Article	Ireland	Chamber REST
Turner, J., Fine, T.	Psychological Responses During Meditation and REST					
Delmonte, M.M.						

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Jacobs, G.D., Heilbronner, R. L., Stanley, J.M.	The Effects of Short Term Flotation REST on Relaxation: A Controlled Study	Health Psychol. Vol. 3, Iss. 2, pp. 99-112	1984	Research Article	USA	Float REST
Suedfeld, P.	REST Research: The Past Few Years & Perhaps the Next Few	2nd International Conference on REST, pp.1 - 21	1985	Research Article	Canada	Float REST, Chamber REST
Baker, D.A.	The Effects of REST and Hemispheric Synchronization Compared to the Effects of REST and Guided Imagery on the Enhancement of Creativity in Problem-Solving	2nd International Conference on REST, pp.122-126	1985	Research Article	USA	Float REST
Barabasz, A.F. & Barabasz, M.	Controlling Experimental and Situational Demand Variables in Restricted Environmental Stimulation Research	2nd International Conference on REST, pp. 110-121	1985	Research Article	USA	Chamber REST
Fine T.& Turner J.W.	The Effect of Flotation REST on EMG Biofeedback and Plasma Cortisol	2nd International Conference on REST, pp.148-155	1985	Research Article	USA	Float REST
Fine, T.; Turner, J.	Rest-assisted Relaxation and Chronic Pain	Health and Clinical Psychology	1985	Research Article	USA	Float REST
Fine, T.H. & Turner J.W.	2nd International Conference on REST and Self-Regulation	IRIS Publication, Medical College of Ohio, Toledo, Ohio	1985	Book	USA	Float REST, Chamber REST
Mahoney, M.J.	REST and Change: Reflections on Process Research	2nd International Conference on REST, pp. 49-58	1985	Research Article	USA	Chamber REST
Schwartz, G.	Integrating Modern Physics, Psychobiology and REST: an Amusing Synthesis Derived from Systems Theory	2nd International Conference on REST, pp. 22-48	1985	Research Article	USA	Chamber REST
Stanley J., Mahoney M., & Reppert S.	REST and the Enhancement of Sports Performance: A Panel Presentation and Discussion	2nd International Conference on REST, pp.168-183	1985	Research Article	USA	Float REST
Suedfeld, P., Ballard, E. J., Baker-Brown, G. & Borrie, R. A.	Flow of Consciousness in Restricted Environmental Stimulation	Imagination, Cognition and Personality, Vol. 5, Iss. 3, pp. 219-230	1986	Research Article	Canada	Float REST, Chamber REST
Forgays, D. Belinson, M.	Is Flotation Isolation a Relaxing Environment?	Journal of Environmental Psychology, Vol. 6, Iss. 1, pp. 19-34	1986	Research Article	USA	Float REST
Suedfeld, P., Metcalfe J., Bluck, S.	Enhancement of Scientific Creativity by Flotation REST (Restricted Environmental Stimulation Therapy)	Journal of Environmental Psychology, Vol. 7, Iss. 3, pp. 219-231	1987	Research Article	Canada	Float REST
Suedfeld, P. & Baker Brown, G.	Restricted Environmental Stimulation Therapy of Smoking: A Parametric Study	Addictive Behaviors, Vol. 12, Iss. 3, pp. 263-267	1987	Research Article	Canada	Chamber REST
Suedfeld, P., Metcalfe, J. & Bluck, S.	Enhancement of Scientific Creativity by Flotation REST (Restricted Environmental Stimulation Technique)	Journal of Environmental Psychology, Vol. 1987, Iss. 7, pp. 219-231	1987	Research Article	Canada	Float REST
Suedfeld, P.; Mocellin, J.	The "Sensed Presence" in Unusual Environments	Environment and Behavior, Vol. 19, No. 1, pp. 33-52	1987	Research Article	Canada	Isolation
Forgays, D.G.	Flotation REST as a Smoking Intervention	Addictive Behaviors, Vol. 12, 1987, pp. 85-90	1987	Research Article	USA	Float REST
Lee, A. B. & Hewitt, J.	Using Visual Imagery in a Flotation Tank to Improve Gymnastic Performance and Reduce Physical Symptoms	International Journal of Sport Psychology, Iss. 18, pp. 223-230	1987	Research Article		Float REST
Adams, H. B.	Studies in REST III: REST, Arousability and the Nature of Alcohol and Substance Abuse	Journal of Substance Abuse Treatment, Vol. 5, pp. 77-81	1988	Research Article	USA	Chamber REST
Cooper, G.D., Adams, H.B., & Scott, J.C.	Studies in REST I: Reduced Environmental Stimulation Therapy and Reduced Alcohol Consumption	Journal of Substance Abuse Treatment, Vol. 5, Iss. 2, pp. 61-68	1988	Research Article	USA	Chamber REST
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Barabasz, A.F., Barabasz, M.	Effects of Restricted Environmental Stimulation: Enhancement of Hypnotizability for Experimental and Chronic Pain Control	International Journal of Clinical & Experimental Hypnosis: Vol. 37 Iss. 3, pp. 217-231	1989	Research Article	USA	Chamber REST
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Ramirez, C.E., Suedfeld, P., Remick, R.A. & Fleming, J.A.E.	Potential Beneficial Effect of REST on Patients with Electroconvulsive Therapy	Restricted Environmental Stimulation: Research and Commentary, pp. 188-195	1990	Research Article	Canada	Chamber REST
Rzewnicki, R., Wallbaum, A.B. C., Steel, H. & Suedfeld, P.	REST for Muscle Contraction Headaches: A Comparison of Two REST Environments Combined with Progressive Muscle Relaxation Training	Restricted Environmental Stimulation: Research and Commentary, pp. 245-254	1990	Research Article	Canada	Float REST
Suedfeld, P.	Distress, No Stress, Anti-Stress, Eustress: Where Does REST Fit In?	Restricted Environmental Stimulation: Research and Commentary pp. 2-9	1990	Research Article	Canada	Float REST, Chamber REST
Suedfeld, P.	Restricted Environmental Stimulation and Smoking Cessation: A 15-Year Progress Report	The International Journal of the Addictions, Vol. 25, Iss. 8, pp. 861-88	1990	Research Article	Canada	Float REST, Chamber REST
Suedfeld, P. & Bruno, T.	Flotation REST and Imagery in the Improvement of Athletic Performance	Journal of Sport and Exercise Psychology, Vol. 12, Iss. 1, pp. 87-92	1990	Research Article	Canada	Float REST
Suedfeld, P., Turner, J.W. & Fine, T.H.	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST	Springer-Verlag, New York, New York	1990	Book	Canada	Float REST, Chamber REST
Suedfeld, P.; Mocellin, J.	Levels of Sensation Seeking in Polar Groups	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 94-101	1990	Research Article	Canada	Long term isolation
Norlander, T., Bergman, H. & Archer, T.	Effects of Flotation REST on Creative Problem Solving and Originality	Journal of Environmental Psychology, Iss. 18, pp. 399-408	1990	Research Article	Sweden	Float REST
Adams, H.B.	The Incredible History of REST Technology	Restricted Environmental Stimulation: Research and Commentary, pp. 11 -28	1990	Research Article	USA	Chamber REST
Baker, D.A.	The Use of REST in the Enhancement of Sports Performance-Tennis	Restricted Environmental Stimulation: Research and Commentary, pp. 181-187	1990	Research Article	USA	Float REST
Barabasz M., O'Neill M. & Scoggin, G.	The Physiological Panic Button: New Data	Restricted Environmental Stimulation: Research and Commentary, pp. 112-119	1990	Research Article	USA	Chamber REST
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Borrie, R.A.	Development of the Guided Float: The Use of Ericksonian Hypnosis in Flotation REST	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 158-173	1990	Research Article	USA	Float REST
Bross, M.	A Cybernetic Model of Restricted Environmental Stimulation Effects	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 31-41	1990	Research Article	USA	Float REST, Chamber REST
Bross, M., Harsh, M., Reiss, J.	A Comparison of Temporal and Spatial Visual Acuity in Response to Monocular Occlusion	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 102-101	1990	Research Article	USA	Sensory Isolation
Budzynski T.H.	Hemespheric Asymmetry and REST	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 2-21	1990	Research Article	USA	Chamber REST
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Fine, T.H. & Turner J.W.	Restricted Environmental Stimulation: Research and Commentary	IRIS Publication, Medical College of Ohio, Toledo, Ohio	1990	Book	USA	Float REST, Chamber REST
Goldstein, D.D. & Jessen, W.E.	Flotation Effect on Premenstrual Syndrome	Restricted Environmental Stimulation: Research and Commentary, pp. 260-266	1990	Research Article	USA	Float REST
Grunberg,, N.E.	Potential Applications of Restricted Environmental Stimulus Therapy in Behavioral Health	Restricted Environmental Stimulation: Research and Commentary, pp. 36-50	1990	Research Article	USA	Float REST, Chamber REST
Helmreich, R.L.	The Critical Role of Personality and Organizational Factors as Determinants of Reactions to Restricted and Stressful Environments	Restricted Environmental Stimulation: Research and Commentary pp. 51-61	1990	Research Article	USA	Long term isolation
Hunt, T.	Body-Centered Therapies: A Holographic Paradigm for Understanding REST	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 56-70	1990	Research Article	USA	Chamber REST
Jessen, W. E.	In-tank Flotation Therapy	Restricted Environmental Stimulation: Reseach and Commentary, pp. 152-157	1990	Research Article	USA	Float REST
Jessen, W. E.	Specific Odors and Flotation	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 134-135	1990	Research Article	USA	Float REST
Kaplan, G. and Barabasz, A.	Enhancing Hypnotizability: Differential Effects of Flotation REST and Progressive Muscle Relaxation	Restricted Environmental Stimulation: Research and Commentary, pp. 229-244	1990	Research Article	USA	Float REST
Koula, G., Kemp, J., Keane, K., and Belden, A.	Replication of a Clinical Outcome Study on a Hospital-Based Stress Management and Behavioral Medicine Program Utilizing Flotation REST and Biofeedback	Restricted Environmental Stimulation: Theoretical and Empirical Developments in Flotation REST, pp. 202-209	1990	Research Article	USA	Float REST
Malowitz, R., Tortora, T. & Lehmann, C.A.	Effects of Floating in a Saturated Epsom Salts Solution Disinfected with Bromine on the Aerobic Microbial Flora of the Skin	Restricted Environmental Stimulation: Research and Commentary, pp. 139-150	1990	Research Article	USA	Float REST
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McGrady, A.	Psychophysiological Regulation of Blood Pressure	Restricted Environmental Stimulation: Research and Commentary, pp. 29-35	1990	Research Article	USA	Float REST
Melchiori, L.G. & Barabasz, A. F.	Effects of Flotation REST on Simulated Instrument Flight Performance	Restricted Environmental Stimulation: Research and Commentary, pp. 196-203	1990	Research Article	USA	Float REST
Mereday, C., Lehman, C. & Borrie, R.	Flotation For The Management of Rheumatoid Arthritis	Restricted Environmental Stimulation: Research and Commentary, pp. 255-259	1990	Research Article	USA	Float REST
Miller, M.F. & Barabasz, M.	Effects of Restricted Environmental Stimulation on Inversion Perception	Restricted Environmental Stimulation: Research and Commentary, pp. 86 - 93	1990	Research Article	USA	Float REST
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Kjellgren, A., Buhrkall, H. and Norlander, T.	Preventing Sick-leave for Sufferers of High Stress-load and Burnout Syndrome: A Pilot Study Combining Psychotherapy and the Flotation tank	International Journal of Psychology and Psychological Therapy, Vol. 11, Iss. 2, pp. 297-306	2011	Research Article	Sweden	Float REST
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